How To Abide

By F. B. Meyer

Hand over to Christ every temptation. When you feel temptation approaching you, as a bird by some quick instinct is aware that the hawk is hovering near, then instantly lift your heart to Christ for deliverance. He cannot rebuff or fail you. “He shall cover thee with His feathers, and under His wings shalt thou trust” (Psa. 91:4).

And when petty annoyance or heavier worry threatens to mar your peace, in the flash of a moment hand it over to Jesus, saying, “O Lord, I am oppressed; undertake for me.”

“Ah,” you sigh, “I wish indeed that I could live like this, but in the moment of need I forget to look.” Then do this: Trust in Christ to keep you trusting. Look to Him so to abide in you as to keep you abiding. In the morning entrust to Him the keeping of your soul, and then, as hour succeeds hour, expect Him to keep that which you have committed to Him.

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